

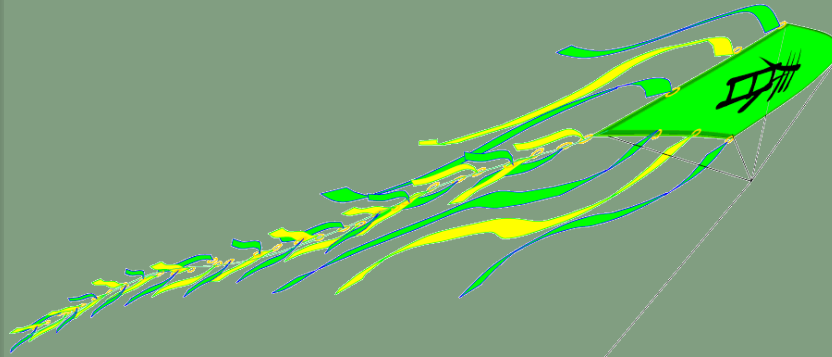
A collection of military medals and a compass are arranged on a textured, light-colored surface. The medals include a red ribbon with a circular emblem, a blue ribbon with a circular emblem, and a white star-shaped medal with a central emblem. A pair of round, gold-rimmed glasses is placed diagonally across the lower half of the image. A circular compass is visible in the bottom left corner.

Acupuncture in Family Medicine

Do You Get The
Point?

Lt Col Lewis A. Hofmann,
MD

White House Physician
Washington, DC



- ◆ History and Development
- ◆ Classical Principles
- ◆ Modern Thoughts
- ◆ Introduction to Uses
- ◆ The Acupuncture Treatment

Chinese Medicine



Huang Di Nei Jing





Nan Jing

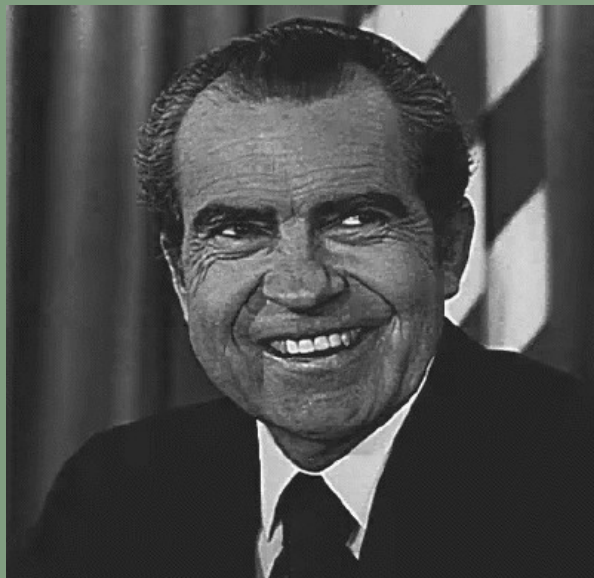
Zhen Jiu Da Cheng



Western Beginnings



George
Soulie de
Morant



- ◆ 1992 - NIH Office of Alternative Medicine
- ◆ 1996 - WHO
- ◆ 1997 - NIH Consensus Development Conference



Classical Concepts



Yin and
Yang

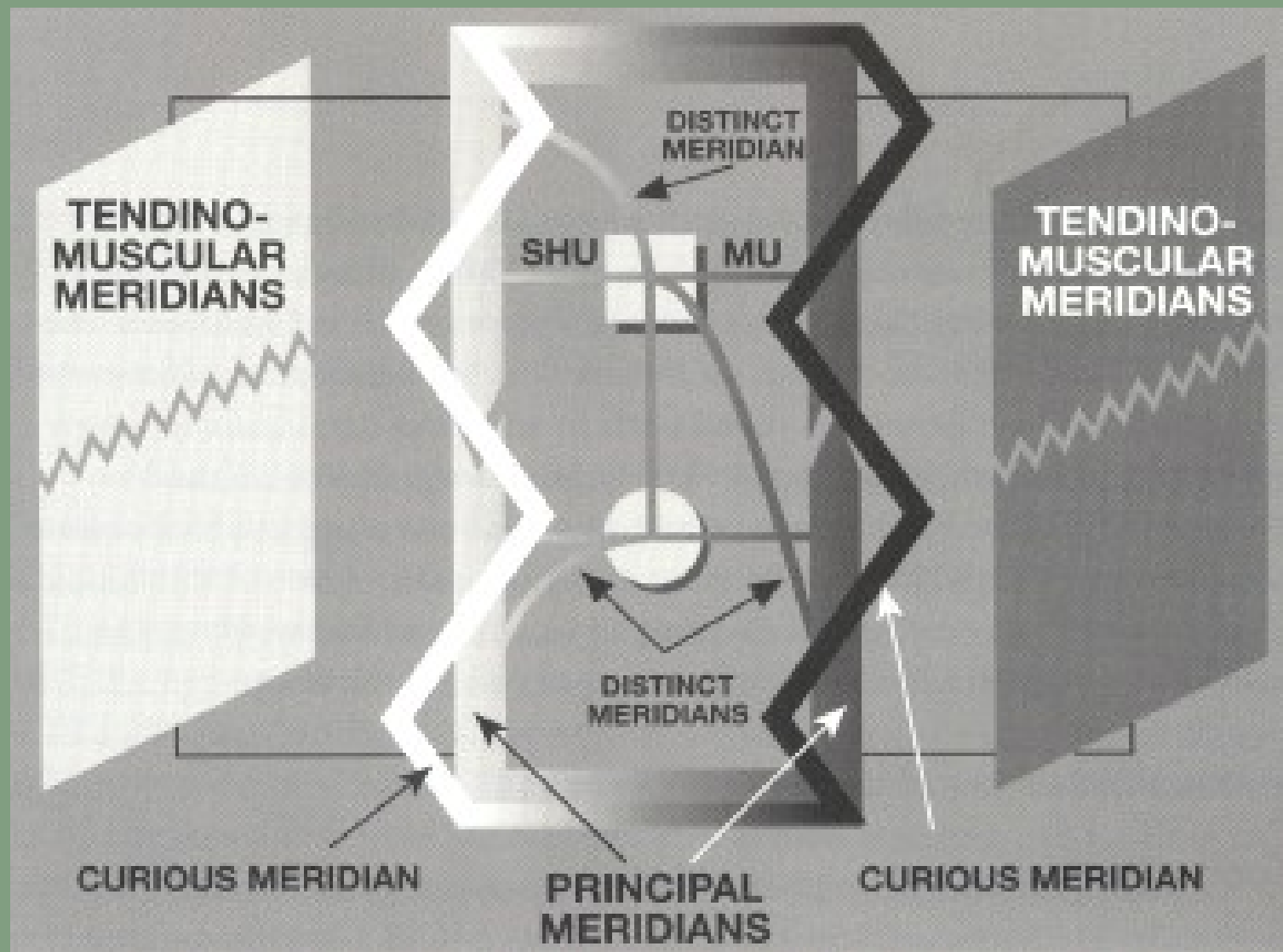
Acupuncture Anatomy

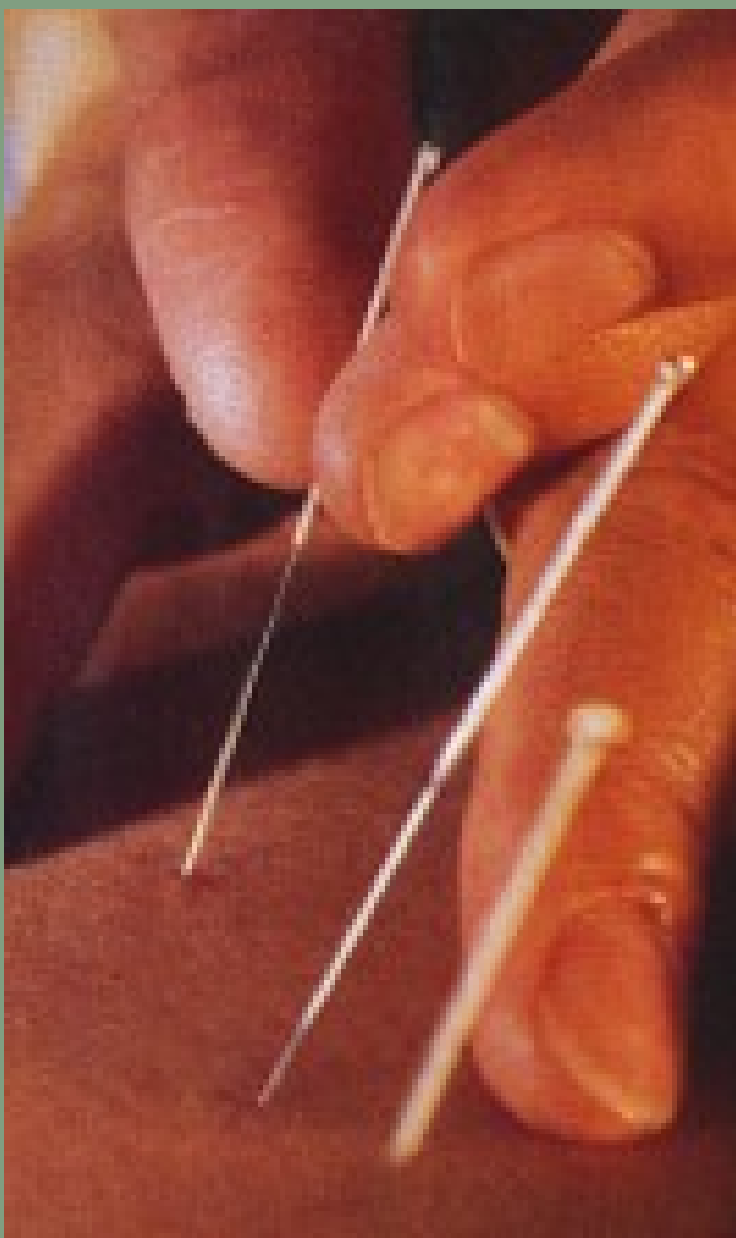




Energy Pathways

- ◆ Tendinomuscular Meridians
- ◆ Principal Meridians
- ◆ Distinct Meridians
- ◆ Shu-Mu Subsystem
- ◆ Curious Meridians





Modern Concepts

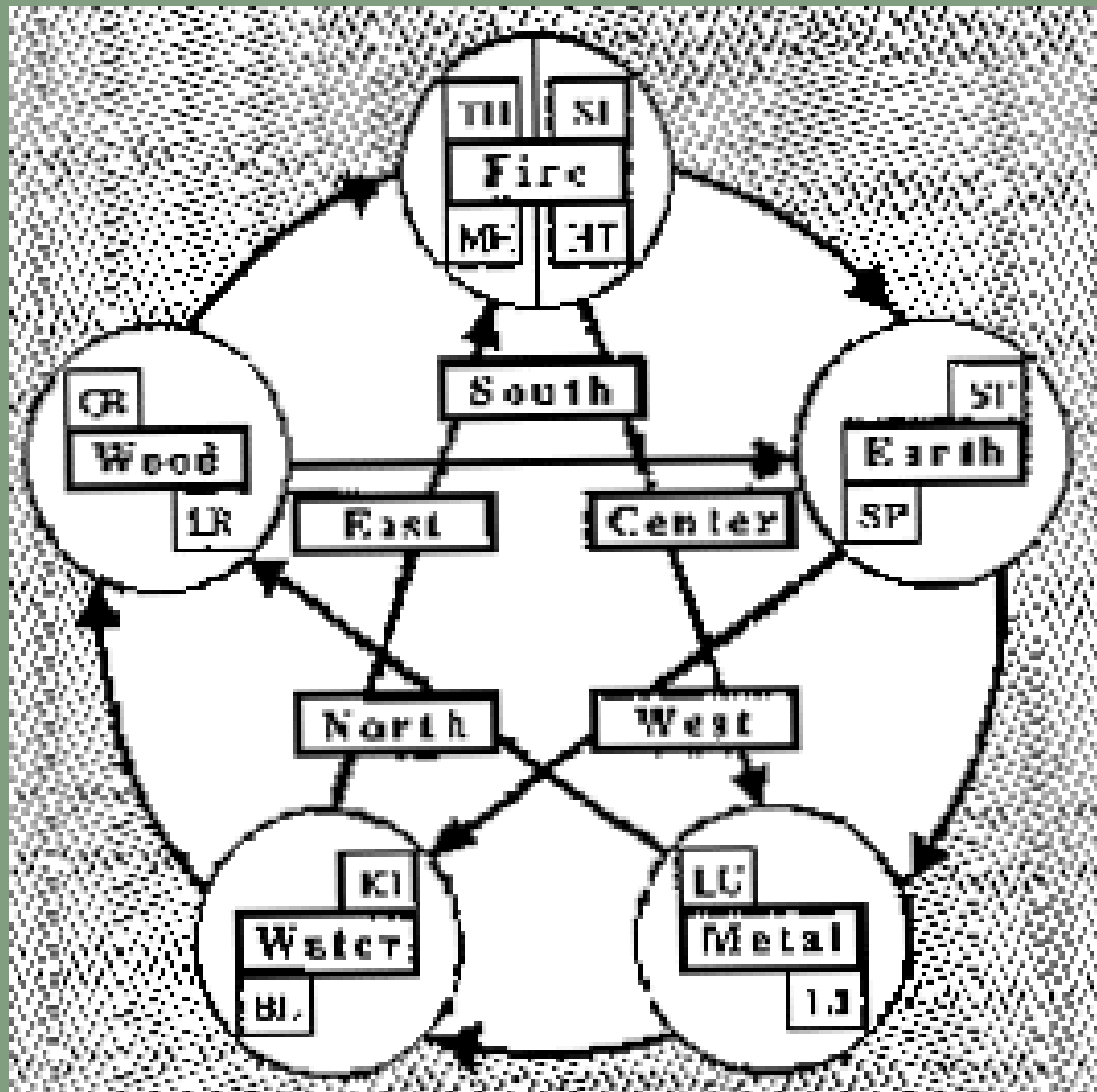


- ◆ Endorphin Dependent
- ◆ Monoamine Dependent



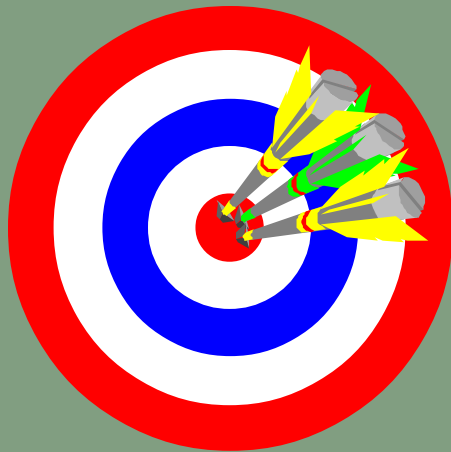
- ◆ Nervous System
- ◆ Blood Circulation System
- ◆ Lymphatic System
- ◆ Electromagnetic Bio-information System





Acupuncture Applications

- ◆ Most Useful as Primary
 - Acute
 - Chronic
- ◆ Least Useful as Primary



Acupuncture Side Effects





Acupuncture Treatment

- ◆ History
 - Define the problem
 - Define the person
- ◆ Physical Examination
 - Western exam
 - Trigger points
 - Mu and shu points
 - Reflex somatotopic systems



LOWER
HEATER

MIDDLE
HEATER

UPPER
HEATER

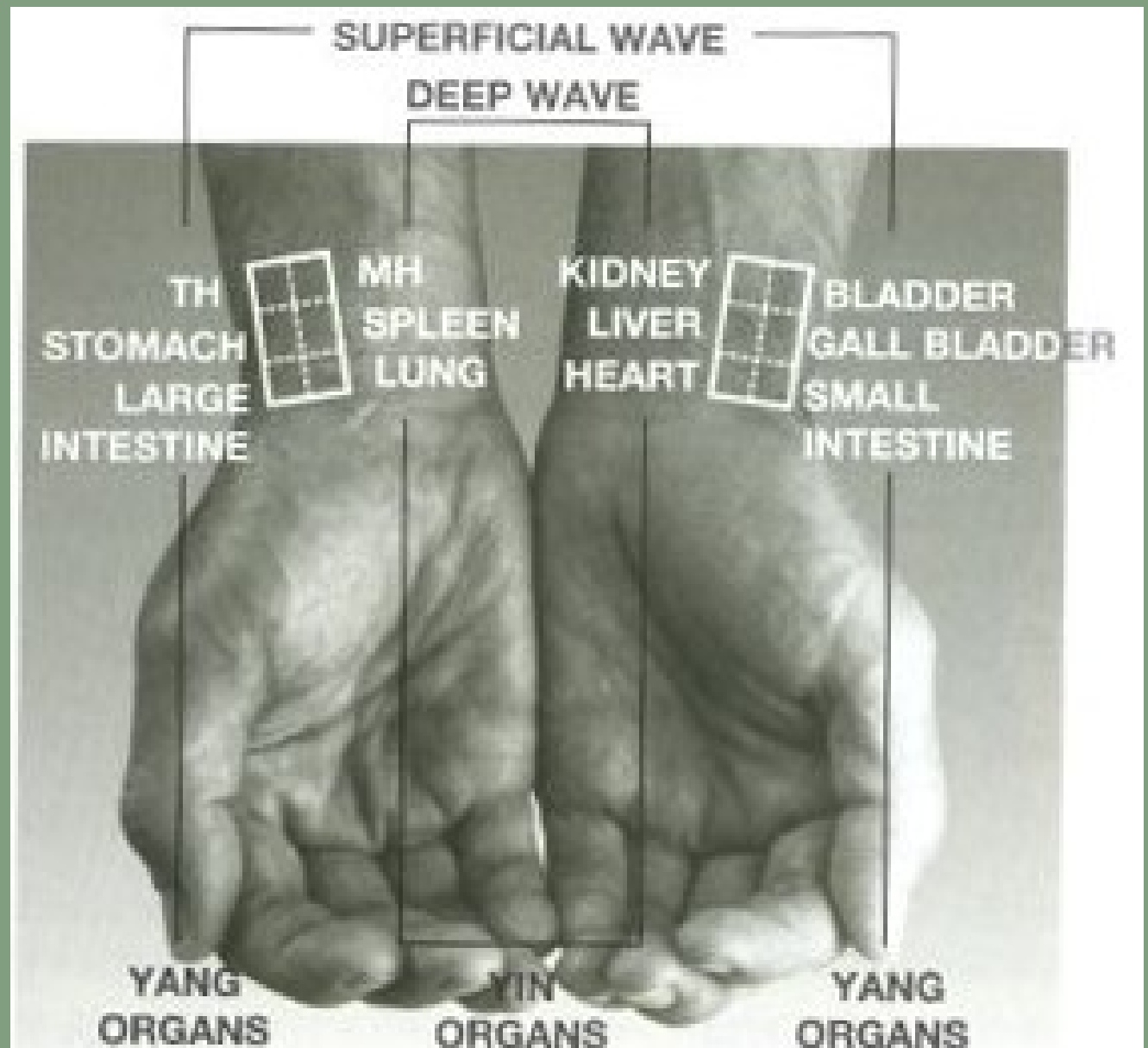


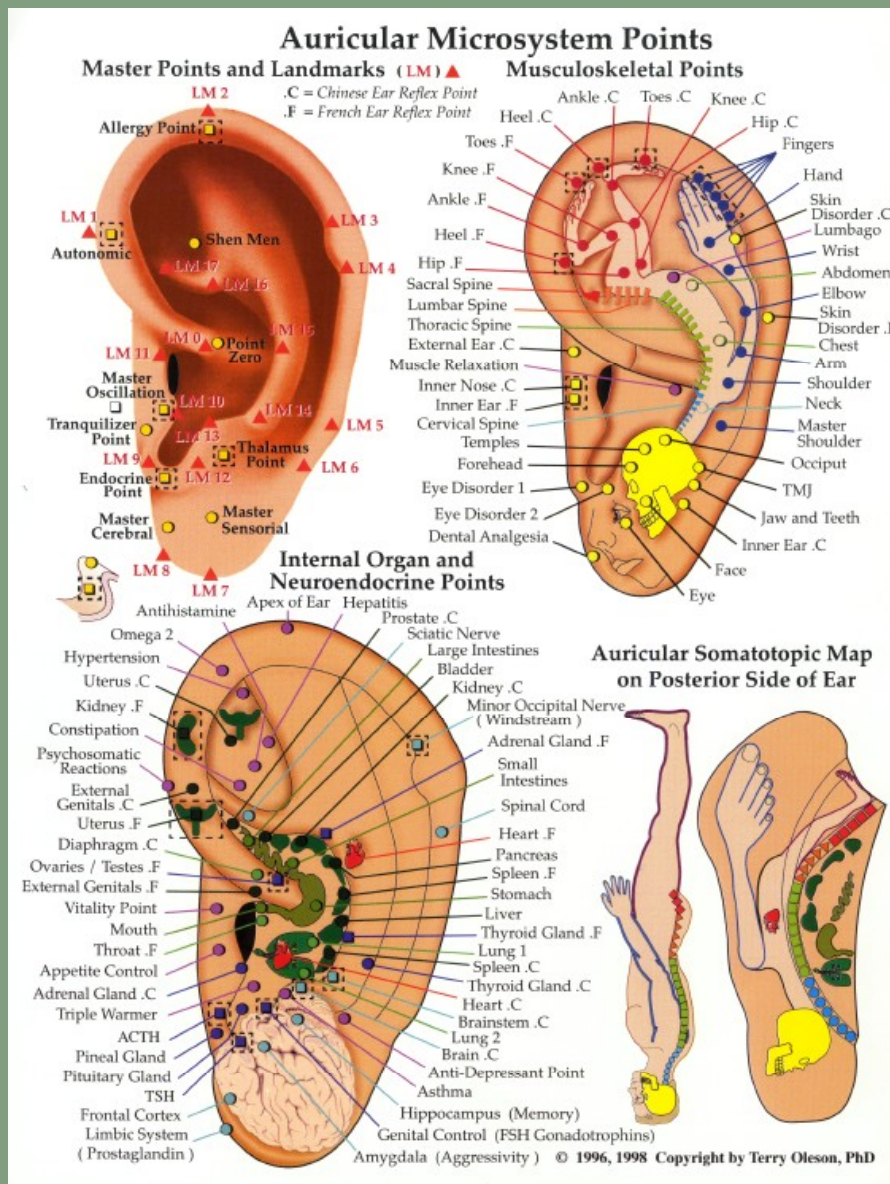
Kidney
Digestive Tract

Spleen
Stomach
Liver and
Gall Bladder

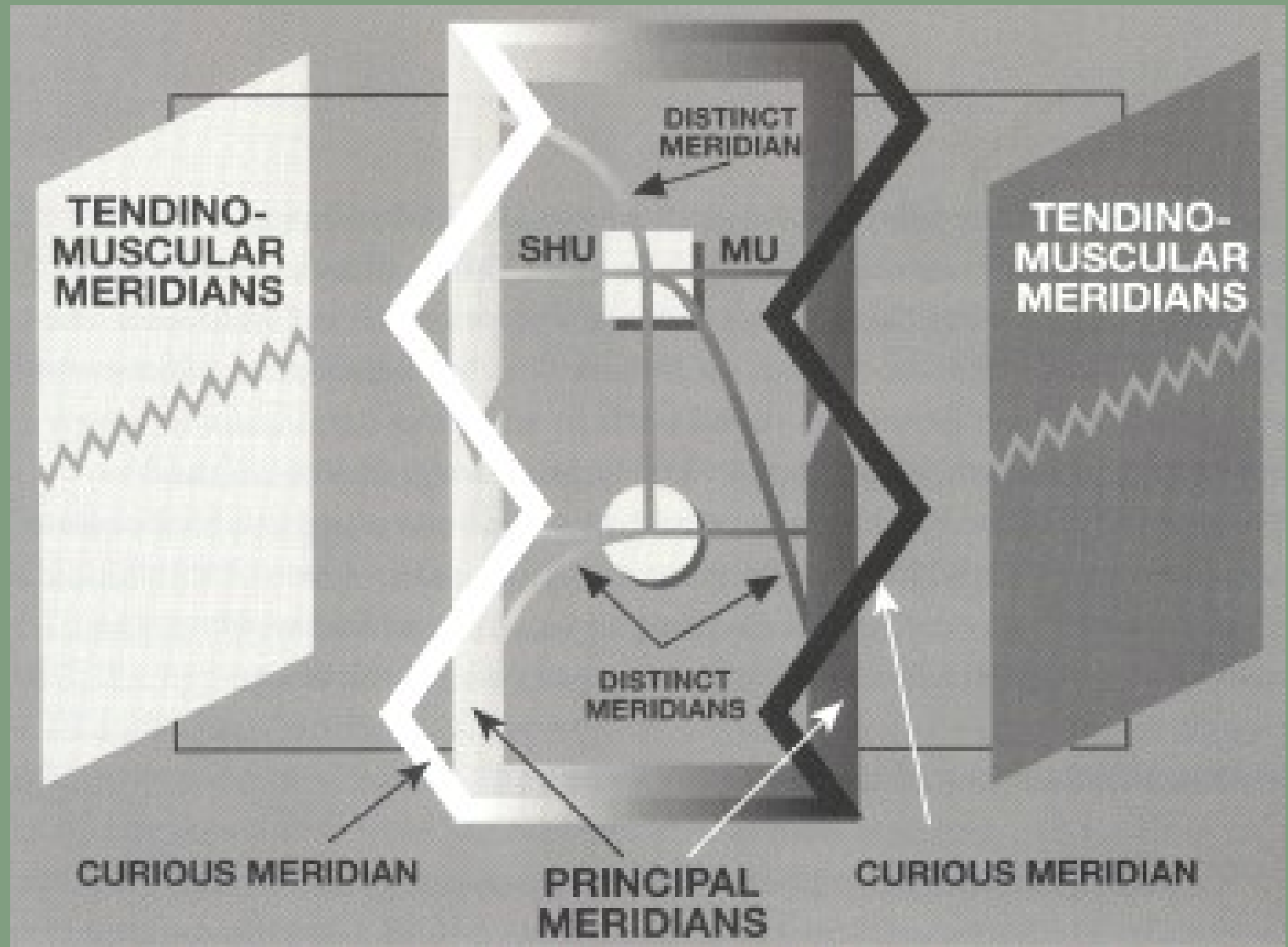
Lung

Heart and
Master of the Heart

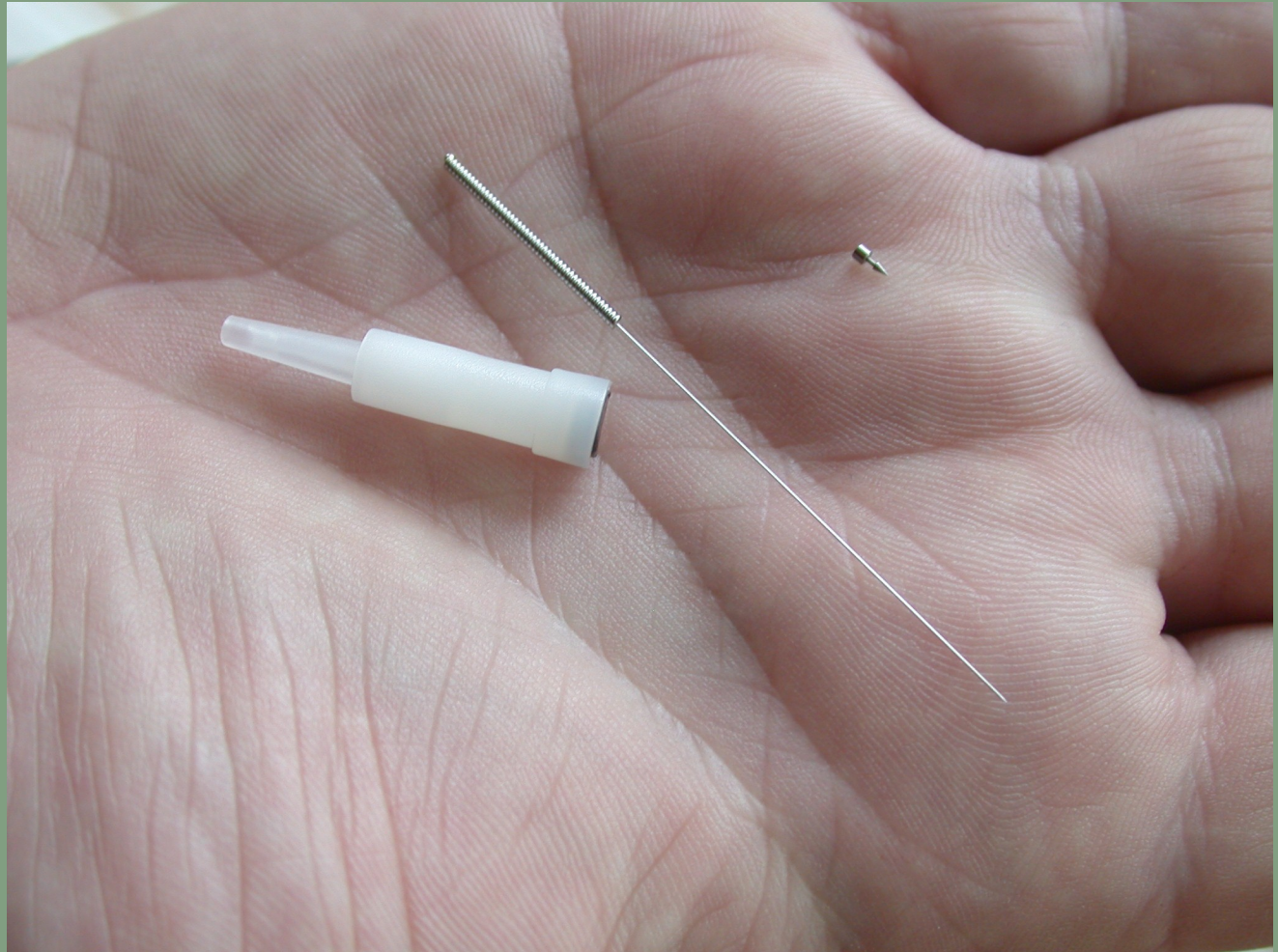




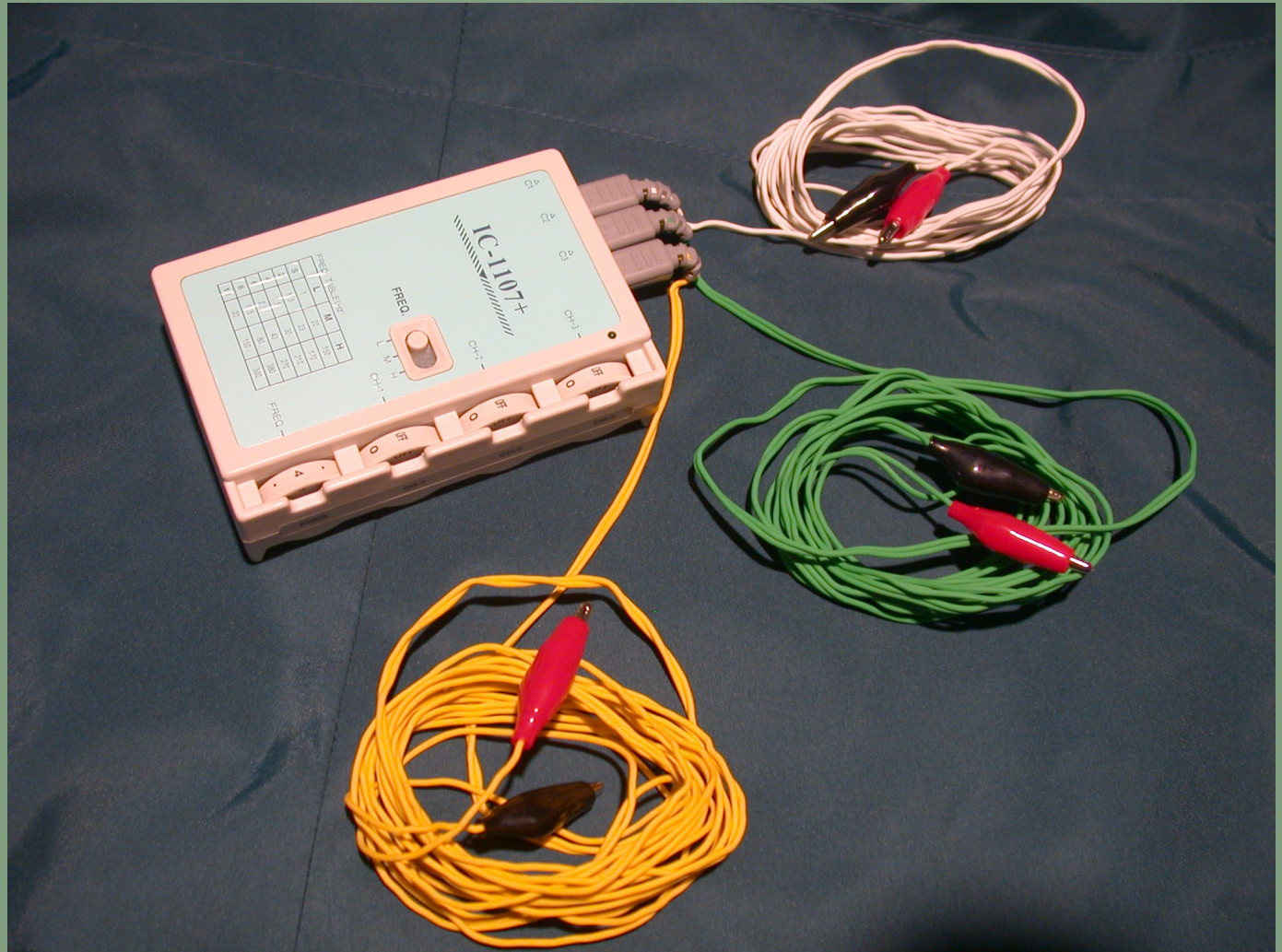
Acupuncture Energetics



Needles



A collection of military medals and a compass rose. The central focus is a large, ornate Maltese cross medal with a red enamel center and a gold border. Above it is a smaller, circular medal with a blue ribbon and a gold border. To the right is a circular compass rose with a white face and black markings. The background is a dark, textured surface with a grid pattern.



Additional Modalities



Treatment Length/Scheduling



